

**HEALTH AND WELL-BEING BOARD**  
**28 SEPTEMBER 2021****Mental Health and Wellbeing Strategy**

---

**Board Sponsor**

ICS Senior Responsible Officer for Mental Health

**Author**

Jack Lyons-Wainwright, Mental Health Lead

**Priorities**

Mental health &amp; well-being

Being Active

Reducing harm from Alcohol

Other (specify below)

(Please click below  
then on down arrow)

Yes

No

Yes

**Safeguarding**

Impact on Safeguarding Children

If yes please give details

No

Impact on Safeguarding Adults

If yes please give details

No

**Item for Decision, Consideration or Information**

Decision

**Recommendation**

- 1. The Health and Well-being Board is asked to consider and approve the ICS Mental Health and Wellbeing Strategy.**

**Background**

2. In autumn 2019 work commenced on the development of a Mental Health and Wellbeing Strategy for Herefordshire and Worcestershire, overseen by the then STP Mental Health Programme Board.

3. Extensive engagement has been undertaken, through public listening and co-production events (see published summary reports in background papers) and circulation at a wide range of forums. In addition to patients and carers, the project team have consulted with professionals across:

- a) Worcestershire County Council
- b) Herefordshire County Council
- c) Worcestershire District Councils
- d) Herefordshire and Worcestershire Health and Care NHS Trust

- e) Primary Care
- f) Worcestershire Acute Hospitals NHS Trust
- g) Wye Valley NHS Trust
- h) Voluntary and Community Sector organisations

4. The engagement work led to the development of 5 key priorities underpinning the aims of the strategy:

- a) Accessible services
- b) Integrated services
- c) Community empowerment
- d) Person-centred services
- e) Prevention and self-care

5. These 5 priorities reflect the local ambition for mental health and wellbeing services, while also aligning with national direction via the NHS Long Term Plan. The strategy also highlights the need to support and build community health assets, utilising existing local enablers such as the Now We're Talking and the development of the Worcestershire Integrated Wellbeing Offer.

6. Delivery of the Mental Health and Wellbeing Strategy will be overseen by the Mental Health Collaborative Committee (previously the STP Mental Health Programme Board), with updates to Health and Wellbeing Boards as required. The strategy is expected to provide a clear direction for mental health service development as Herefordshire and Worcestershire continues its journey to an Integrated Care System, including complimenting the priorities identified by the Health and Wellbeing Board for the Joint Health and Wellbeing Strategy

7. A high level plan for the next 3 years is included within the strategy, which will be augmented by a detailed action plan following completion of the strategy. From 2024 a refreshed action plan will be developed up to 2026, taking into account developments locally and renewed national strategy expected for the second half of the 10 year LTP.

8. The content of the Mental Health and Wellbeing Strategy has been supported by the ICS Mental Health Programme Board and ICS Partnership Board. It will also be submitted to Herefordshire Health and Wellbeing Board for approval, with the final content dependent on agreement at both boards.

### **Legal, Financial and HR Implications**

9. Not applicable.

### **Privacy Impact Assessment**

10. Not applicable.

### **Equality and Diversity Implications**

An Equality Relevance Screening has been completed in respect of these recommendations. The screening did not identify any potential Equality considerations requiring further consideration during implementation.

## Contact Points

### County Council Contact Points

County Council: 01905 763763

Worcestershire Hub: 01905 765765

### Specific Contact Points for this report

Jack Lyons-Wainwright, Mental Health Lead

Tel: 07885 246148

Email: [jack.wainwright@nhs.net](mailto:jack.wainwright@nhs.net)

## Supporting Information

- Appendix 1 – Herefordshire & Worcestershire Mental Health and Wellbeing Strategy.

## Background Papers

In the opinion of the proper officer (in this case the SRO for Mental Health) the following are the background papers relating to the subject matter of this report:

- Engagement evaluation report Nov 2019 – <https://www.herefordshireccg.nhs.uk/who-we-are/publications/consultation-and-engagement/2864-mental-health-strategy-engagement-evaluation-report-final-web-version/file>
- Engagement report summary: co-production sessions Jul 2020 - <https://www.herefordshireandworcestershireccg.nhs.uk/about-us/publications/engagement/additional-engagement-docs/274-mental-health-strategy-summary-engagement-report-final-july-2020/file>